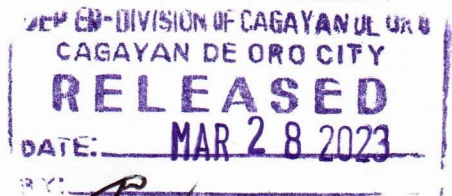




Republic of the Philippines
Department of Education
REGION X
DIVISION OF CAGAYAN DE ORO CITY

Office of the Schools Division Superintendent



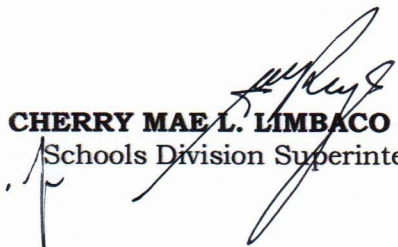
27 March 2023

DIVISION MEMORANDUM
No. 129 s.2023

SCHEDULE OF FINAL MEDICAL AND DENTAL CHECK-UP FOR QUALIFYING
ATHLETES, COACHES, ASSISTANT COACHES, AND CHAPERONS TO THE 2023
REGIONAL ATHLETIC MEET

TO: Assistant Schools Division Superintendent
Chief ES, SGOD
Public Schools District Supervisors
Division Screening and Accreditation Committee
Public & Private Elementary and Secondary School Heads
All winning Athletes, Coaches, and Chaperones
All others concerned

1. With reference to **Regional Memorandum No. 132, s. 2023** titled "**EVALUATION AND VERIFICATION OF AUTHENTICITY OF DOCUMENTS OF ATHLETES, COACHES, AND CHAPERONES FOR THE 2023 REGIONAL MEET**", the field is hereby informed of the scheduled final Medical and Dental Check-up for winning Athletes, Coaches, and Chaperones on **March 28-31, 2023**, at the **Covered Court, South City Central School**.
2. To decongest the crowd coming in and out of South City Central School, so as to avoid disruption of classes, all concerned are directed to strictly come on time and follow the allotted time slot for the specific sport events indicated on **Enclosure No.1**.
3. Immediate dissemination of and strict compliance with this Memorandum are directed.


CHERRY MAE L. LIMBACO - REYES
Schools Division Superintendent

Encl.: As stated
Reference: N o n e
To be indicated in the Perpetual Index
under the following subjects:



Address: Fr. William F. Masterson Ave., Upper Balulang, Cagayan de Oro City
Telephone: (08822)-8550048
Email: cagayandeoro.city@deped.gov.ph

Medical and Dental Check-up Palarong Pambansa 2023

SGOD-jairus /DM – Final Medical and Dental Check-up for NMRAA 2023
Mar 27, 2023

2023 SPORTS REGIONAL MEET MEDICAL AND DENTAL CHECK-UP SCHEDULE

	DATE	TIME	EVENT	HEALTH PERSONNEL (WHOLE DAY)
1	MARCH 28	8:00 - 9:30 AM	ATHLETICS ELEMENTARY	JACEL JANE A. CADUSALES
2		9:30 - 11:00 AM	ATHLETICS SECONDARY	ER SHEMAH T. DANGAZO
3		11:00 - 12:00 NN	ARNIS ELEMENTARY	HERLIE B. ONTOY
4		1:00 - 1:30 PM	ARNIS SECONDARY	JEANE R. JOSON
5		1:30 - 2:00 PM	BASEBALL ELEMENTARY	PACILI A. YAÑEZ
6		2:00 - 2:30 PM	BASEBALL SECONDARY	BALDOMERO MARK B. MESO III
7		2:30 - 3:00 PM	BASKETBALL ELEMENTARY	JAMCEL A. CHACON
8		3:00 - 4:00 PM	BASKETBALL HIGH SCHOOL (M)	PAULINE C. ANGARA
9			BASKETBALL 3x3 HIGH SCHOOL (M)	LUZVILLA ESPINOSA
10	MARCH 29	8:00 - 9:00 AM	BASKETBALL HIGH SCHOOL (F)	ANALYN GARCIA
11			BASKETBALL 3x3 HIGH SCHOOL (F)	YVONNE L. GIRONELLA
12		9:00 - 9:30 AM	BOXING	KITO-KRISIAN K. FRANCISCO
13		9:30 - 10:30 AM	FOOTBALL ELEMENTARY	MICHELLE ALEXANDRIA H. PABELIC
14		10:30 - 11:30 AM	FOOTBALL SECONDARY	CRYSTAL CHRISTI P. CARTEL
15		1:00 - 1:30 PM	GYMNASTICS ELEMENTARY	SHARON T. POLANCOS
16		1:30 - 2:00 PM	GYMNASTICS SECONDARY	BALDOMERO MARK B. MESO III
17		2:00 - 2:30 PM	AEROGYMNASTICS	JAMCEL A. CHACON
18		2:30 - 3:30 PM	SEPAK TAKRAW ELEMENTARY	PAULINE C. ANGARA
19		3:30 - 4:30 PM	SEPAK TAKRAW HIGH SCHOOL	LUZVILLA ESPINOSA
20	MARCH 30	8:00 - 8:40 AM	SOFTBALL ELEMENTARY	ANALYN GARCIA
21		8:40 - 9:20 AM	SOFTBALL SECONDARY	NATHALIE VENUS V. FAMADOR
22		9:20 - 9:50 AM	TAEKWONDO ELEMENTARY	LINA G. LUDENA
23		9:50 - 10:30 AM	TAEKWONDO SECONDARY	CRISTINA R. CAPISTRANO
24		10:30 - 11:00 AM	VOLLEYBALL ELEMENTARY (M)	DOREEN O. DECHOSA
25		11:00 - 11:30 AM	VOLLEYBALL ELEMENTARY (F)	AMOR C. FAJARDO
26		1:00 - 1:40 PM	VOLLEYBALL HIGH SCHOOL (M)	BALDOMERO MARK B. MESO III
27		1:40 - 2:30 PM	VOLLEYBALL HIGH SCHOOL (F)	JAMCEL A. CHACON
28		2:30 - 3:10 PM	WRESTLING	PAULINE C. ANGARA
29		3:10 - 4:00 PM	WUSHU	LUZVILLA ESPINOSA
30		4:00 - 5:00 PM	FUTSAL	ANALYN GARCIA
31	MARCH 31	8:00 - 8:30 AM	BADMINTON ELEMENTARY	JOAN A. ARSUA
32		8:30 - 9:00 AM	BADMINTON SECONDARY	FRANCIS LEO C. TAGADIAD
33		9:00 - 9:15 AM	BILLIARD	NICHOL V. SALIDO
34		9:15 - 9:30 AM	CHESS	CARMELO MARIO W.
35		9:30 - 10:00 AM	DANCESPORTS	PADERANGA
36		10:00 - 10:30 AM	TABLE TENNIS ELEMENTARY	NIKKI JO VALMORIA
37		10:30 - 10:50 AM	TABLE TENNIS SECONDARY	
38		10:50 - 11:30 AM	TENNIS ELEMENTARY	BALDOMERO MARK B. MESO III
39		1:00 - 1:30 PM	TENNIS SECONDARY	JAMCEL A. CHACON
40		1:30 - 2:30 PM	SWIMMING ELEMENTARY	PAULINE C. ANGARA



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